

1. **Full Name:** Claudia Poletto

2. **Current Title / Position:** Independent Researcher/ Author/ CEO YOGA e CIÊNCIA (2018-Actual)

3. **Past Professional Employment:**

Position held	Dates	Institutions
Scholarship Ph.D.	2013-2017	UFRJ
Scholarship Ms	2011-2012	UFMT
Lecturer	2006-2010	UNEMAT

4. **Degrees Conferred:**

Degree	Institution	Year	Major field
Doctoral	UFRJ	2017	Interdisciplinary (History of Sciences)
Graduate	UFMT	2012	Interdisciplinary (Cultural Studies)
Undergraduate	UCDB	200	Tourism

5. **Teaching Experience:**

Courses taught	Duration
Doctoral	—
Graduate	—
Undergraduate	2002-2004/ 2006-2010

6. **Relevant Non-Academic Experience:**

Name	Experience
Research projects	Self funded Ph.D. field work in India (+- 4 months): 2015/2026 Self funded field work in India (1 month): 2023
Publications	Books/E-books: Co-author: The Yogadarshana (2022) Brasil de Sári: Quando a Índia viaja até o Brasil (2014) Vivência Profissional do Yoga (2023) Mental Health & Yoga: an approach based on science (2024) Menstruação, yoga e ciência: tabus e evidências (2025)
Consulting	Mentoring for yoga teachers (2019-2023) Project of yoga consulting (research and social impact): 2024 - actual
Cultural Programs	Org.: Celebration of yoga in the state of Mato Grosso (Sep 2008) Book reading at Indian Consulate (2014)
Translation work	—

Workshops	<p>Yoga Teacher Training - 1 year program: from 2008 to 2011</p> <p>Yoga-based Program (online): continuous flow, recorded classes, started in 2023</p> <p>Online course (15/h):</p> <p>Yoga and Science: History, Connections and Researches - continuous flow, recorded classes, started in 2019.</p> <p>How to achieve yoga in research (Ms and Ph.D.): 2022-2024.</p>
Professional achievements	<p>Awarded by Indian Foundation for Vedic Science for promoting Yoga globally.</p> <p>Running the first online platform and social media dedicated to the scientific dissemination of yoga to a Portuguese-speaking audience (<a href="http://www.yoga-ciencia.org">www.yoga-ciencia.org</a>).</p> <p>Official CV link for educational purpose (Brazil): <a href="http://lattes.cnpq.br/7312844311756260">http://lattes.cnpq.br/7312844311756260</a></p> <p>ID Lattes: 7312844311756260</p>